



# Code of Ethics and Professional Conduct of the Pantarei Approach

The following code of ethics and professional conduct of the Pantarei Approach aims to outline and define the fundamental professional principles to be upheld by all Pantarei Approach practitioners, including students, certified practitioners, and teachers.

## Pantarei Approach Sessions and Considerations

The Pantarei Approach warmly embraces individuals from all walks of life. In Pantarei Approach sessions, practitioners combine verbal communication with hands-on touch to provide their clients with a space in which they can connect to themselves, their values, and their resources.

Pantarei Approach practitioners work independently and can be found worldwide. We invite you to reach out for additional information and to determine whether a Pantarei Approach process is a good fit for you.

Please note that practitioners of the Pantarei Approach do not offer medical diagnoses or replace any medical or psychiatric care. Pantarei Approach sessions do not aim to supplant medical practices or guarantee healing outcomes; nevertheless, sessions can complement existing treatments. Should there be concerns regarding the suitability of a Pantarei Approach process due to physical and/or mental health conditions, clients are strongly advised to consult their medical physician or therapist.

In the event of significant health changes during a Pantarei Approach process, clients should consult their physician and inform their practitioner. Any adjustments to their treatment plan or prescribed medications should always be made under the guidance and supervision of the treating physician.

Clients with infectious medical conditions should defer Pantarei Approach sessions until they are no longer contagious.

## Code of Ethics and Professional Conduct

### 1. Professional conduct

#### 1.1 Inclusive and respectful practice standards

- 1.1.a Pantarei Approach professionals and students commit to respecting each one of their client's best interests while providing bodywork sessions or trainings. They commit to not unnecessarily influencing or exploiting clients and to always respecting their autonomy as individuals.

Practitioners are committed to remaining unbiased by factors such as a client's age, gender, sexual orientation, disability, ethnicity, social or economic class, political, cultural, religious beliefs, or lifestyle choices.

- 1.1.b Pantarei Approach Practitioners endeavor not to impose their beliefs, opinions, or personal values on their clients.

#### 1.2 Client consent

- 1.2.a Pantarei Approach practitioners provide clients with a comprehensive consent form outlining the terms and conditions of their sessions together. This document also encompasses the practitioner's fees, practice conditions, and cancellation policy.

- 1.2.b Before sessions can be given to minors or individuals lacking decision-making capacity, written consent from a legal guardian is required.

#### 1.3 Client confidentiality

- 1.3.a Pantarei Approach practitioners maintain the confidentiality of their clients.

- 1.3.b Practitioners can consult with Pantarei Approach teachers, mentors, or professionals from other fields of work while maintaining the confidentiality of their clients.

- 1.3.c In the event of sharing client stories, Pantarei Approach practitioners will not reveal identifiable details of specific clients, and all shared information will be kept anonymous unless explicit consent is given by the client in question.

- 1.3.d Client records are kept confidential, and data is held for a period of time that complies with national laws relating to current data protection regulations. Similarly, access to any client data is also dictated by said laws.

#### 1.4 Professional relationships

- 1.4.a To ensure a professional relationship between Pantarei Approach practitioners and their clients, practitioners are encouraged to avoid offering long-term processes to their close friends or family members.

When dual relationship roles exist, Pantarei Approach practitioners commit to maintaining clear boundaries to distinguish between session and non-session times. Information disclosed during sessions will not be referenced unless explicit consent is granted.

- 1.4.b Pantarei Approach practitioners will never include any form of sexual behavior or contact in sessions with their clients. Should a personal interest develop between practitioner and client, Pantarei Approach sessions should be stopped.

## **2. Professional practice of the Pantarei Approach and responsibilities toward colleagues**

### **2.1 Professional competency**

Pantarei Approach practitioners operate within the bounds of their professional competencies. They will refer their clients to more experienced colleagues or other professionals if deemed necessary.

### **2.2 A constructive and responsible outlook**

Pantarei Approach practitioners foster open communication and engagement among clients, students, fellow practitioners, and teachers. In the event of professional disagreements, practitioners are encouraged to engage in constructive dialogue guided by the Core values of the Pantarei Approach.

### **2.3 Prospective clients**

- 2.3.a Pantarei Approach practitioners maintain the autonomy to select their clientele. In cases of conflicting interests or ethical misalignment, they may refer their client to a colleague or a more fitting professional.
- 2.3.b Pantarei Approach practitioners refrain from actively persuading the clients of their colleagues to become their own clients.

### **2.4 Integrity in marketing**

Pantarei Approach practitioners commit to maintaining integrity in all advertising and promotional materials, including websites, social media posts, business cards, and printed ads. They endeavor to ensure that information about their services is devoid of any misleading or false claims.

### **2.5 Legal compliance**

Pantarei Approach practitioners operate independently and worldwide. Practitioners are, therefore, individually responsible for staying informed and compliant with relevant laws and regulations. They must also maintain sufficient professional insurance coverage.

This code of ethics acts as our guiding framework in our interactions with clients. Along with Our Core Values, we view it as a steadfast companion in our journey of healing and growth as we endeavor to create meaningful change in our lives and the lives of our clients.